

Dear Education Executive

I am writing
A petition to you
To have Mental Health Awareness
In schools, all year through

Too many young people
Are facing the struggle
They need understanding
To help them through this muddle

Break down the stigma
So, kids are free to ask
For help when they need it
Without it feeling like a task

Lives are being lost
Self-harm on the rise
Kids having to hide
And put on a disguise

Let's have an open-door policy
Where kids can reach out
Without fear or judgement
That you are going to shout

Respond with compassion
Have a listening ear
Let kids see
You will be here all year

Thank you for your time
And for reading my letter
I hope to see
Things begin to get better

Yours Sincerely
LTW

aka Michaela Burns